

Monkeypox Prevention Guidelines

for travelers to countries/areas affected by monkeypox



Precautions when traveling to countries/areas affected by monkeypox

- ✓ Learn about monkeypox before traveling to the endemic area
- ✓ Avoid contact with rodents (such as giant-pouched rats or prairie dogs) or non-human primates
- ✓ Avoid handling dead animals and eating undercooked meat sourced from wild animals
- ✓ Avoid contact with a (suspected) monkeypox patient
 - Avoid contact with a person with suspected symptoms (incl. a rash)
 - Avoid contact with objects and materials (incl. bedding, towels, clothing, or a bathroom sink) that a person with suspected symptoms has used



What to do after returning from countries/areas affected by monkeypox

- ✓ On arrival, fill out and submit the health questionnaire to a Korean airport quarantine station officer
- ✓ Self-monitor for the development of symptoms, including fever, for 21 days from the date of arrival
- ✓ Call a public health center for a consultation if you develop suspected symptoms



What to do if you develop suspected symptoms of monkeypox

- ✓ Immediately report suspected symptoms to a public health center and follow advice
- ✓ Avoid contact with people including those who you live with until you've been told what to do
 - * Do not share towels, cups or bedding, and isolate at home if possible
- ✓ Wash hands frequently with soap and water and use personal protective equipment to limit spread to family members and people you live with
 - * Wear long sleeves and pants to cover skin lesions, a well-fitting mask and disposable gloves, etc.
- ✓ Separately manage disposal of personal waste and bedding
 - * If you are confirmed, personal waste should be kept separate from other waste and discarded in disposable rubbish bags
 - You should launder your clothes and bedding separately from those of other members of the household
- ✓ Avoid contact with animals including companion ones

- Fill out and submit the health questionnaire when returning
 - If you have developed any symptoms, notify a Korean airport quarantine station officer about your symptoms
- If you have developed suspected symptoms of monkeypox, incl. fever or a rash within 21 days after returning from countries/areas affected by monkeypox, call the **KDCA call center (at 1339)** for advice
- If you visit a healthcare provider due to other symptoms, be sure to inform the provider of your travel history